

How can we make the school run kinder to the planet?

Run a Car-free Day

Set up an Active Travel incentive scheme

Set up a Park & Stride

# GREEN JOURNEYS



Run an anti-idling campaign

## FOR CLIMATE ACTION DAY AND CLEAN AIR DAY

Do fun activities to engage children

Ready-made classroom sessions see resources below\*

Toolkit for parents & schools\*\*

Feeling inspired?  
See overleaf for more details



### Resources

\*Air Quality lessons: <https://www.youtube.com/playlist?list=PL5fRA-WbPmiy9-jpTOuO-anmd6YDV4WhZ>

\*Children's Mental Health Week sessions: <http://tiny.cc/6xi8tz>

\*Big Pedal Activities <https://bigpedal.org.uk/resources/primary>

\*\*Active Travel Toolkit: [www.cornwall.gov.uk/activetravel](http://www.cornwall.gov.uk/activetravel)

# GREEN JOURNEYS FOR CLIMATE ACTION DAY AND CLEAN AIR DAY

## Explain to your school community

- Let them know that you're taking action to tackle climate change and air quality issues
- Write & publicise a 'no idling' policy for staff, parents and visitors to the school, including deliveries and public transport
- Get pupils to design posters and banners to promote clean air zones around the school gates



## Set up a car-free day

- Let parents and pupils know
- Get your Eco-council involved
- Incentivise Active Travel with house points, golden time etc.
- Consider a **regular, incentivised Active Travel day**  
<https://tinyurl.com/rf3r8p8n>
- Include fun activities to get children on board

## Activities to enthuse pupils on the day e.g.

- Scooter obstacle course
- Free time walking/running/scooting/cycling
- Bling your bike/scooter (ensure decorations won't affect handling or tangle in moving parts)
- Have a non-uniform 'dress green & blue for the planet' day
- Run a 'bike breakfast' or 'scooter snacks', with edible treats for pupils who walk, scoot or cycle to school that day

## Inspire your pupils with classroom sessions

(lesson plans & videos available)

- Air quality <https://tinyurl.com/e24stkam>
- Exercise for wellbeing Children's Mental Health Week sessions:  
<http://tiny.cc/6xi8tz> (5 days of activities)
- Persuasive writing and more!  
<https://bigpedal.org.uk/resources/primary>

## Set up a Park & Stride

<https://tinyurl.com/4fvbv3aj>

- Identify safe parking +/- 10 mins walk from school; get permission to use nearby space, inform parents
- Consider a mass Park & Stride on your car-free day



## Active Travel Toolkit

<https://www.cornwall.gov.uk/activetravel>

- Info to share with parents on cycle and scooter safety, bike maintenance etc.
- Useful tips for schools

